



Portage Park District

April 2018 Newsletter

Health Initiatives

Park Rx in Portage County

Start your journey to better health here at Portage Park District.

What is Park Rx?: A national initiative made up of agencies dedicated to using nature and public lands to improve individual and community health.



Portage Park District Rx: Our goal is to help our community get health and stay healthy while enjoying Portage Parks. Walk or bike to take care of your heart, rehabilitate after surgery, or simply relax in the beauty and peace of nature in Portage Parks. The official launch will take place in the next couple of months, so stay tuned for more information!

Earth Day

Volunteer Opportunities

Six volunteers needed!

April 21, 9 a.m.- 12 p.m.

Shaw Woods

7075 Beery Rd. Ravenna, OH 44266

Help Portage Park District celebrate Earth Day!
Volunteers will work at Shaw Woods to help clean up

This Issue

[Earth Day volunteer event](#)

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Important Dates



Portage Trail Walkers Hike

April 7
9 a.m.

[Get more information](#)

Volunteer Orientation

April 10
5:30 p.m.
Last orientation for spring.
Email [Andrea](#) for more details.

Environmental Awards Dinner

April 28

the park and remove garlic mustard, an invasive species.

Owlbert mascot volunteer and handler needed
April 22, 1-3 p.m.
Raven's Nest Fest, Ravenna

To volunteer - fill out a [volunteer application form](#) and contact ametzler@portageparkdistrict.org to sign up. If you are an active volunteer, sign up in the portal.

iNaturalist

City Nature Challenge

April 27-30 & May 1-3

The [City Nature Challenge](#) (CNC) is a worldwide competition to observe and identify species in the local areas. Portage County will fall under the city of Cleveland. You can participate on behalf of the Portage Park District (PPD) and join the challenge!



How to participate in our challenge:

- 1.) Log in or make an account on [iNaturalist](#) and search for City Nature Challenge 2018: Cleveland project.
- 2.) From **April 27 to April 30** all observations made in Portage county will go towards the count. Go outside and start observing!
Goal: Make six different observations in the given time frame
Extra challenge: Make observation of an amphibian, an insect, and a mollusk
- 3.) Start identifying observations from **May 1-3**
Goal: Identify four species in the given time frame.
Extra challenge: make one of your identifications research grade

Thank you for participating and good luck!

Foundation news

Environmental Awards Dinner

April 28, 5:30-9 p.m.
Kent American Legion Hall
1945 Mogadore Rd., Kent, OH
44240



The foundation is still accepting silent auction donations

5:30 - 9 p.m.

[Get more information](#)

Headwaters Adventure Race

July 14

Race begins at 8 a.m.

[Register here](#)

Local events

Rails to Trails opening day

April 7

all day

Rails to Trails

Conservancy (RTC) is celebrating its sixth annual opening day. Kick off the spring season and hit your favorite trail. Visit the [RTC website](#) for more information

River Rat Revelry

April 5

6 p.m.

Lion's Lodge, Cuyahoga Falls

Annual gathering of the Friends of the Crooked River. [Find more information here.](#)

Like us on Facebook



Follow on Twitter



for the event. [Download the form here.](#)

For additional information including registration, [click here.](#)

Wild Hikes Challenge 2018 - Year of the American Beech



The theme for 2018 is the year of the American Beech to celebrate the role of this keystone species of our eastern Ohio forests, and to bring awareness to the leaf disease that has begun to affect the species in northeast Ohio.

To participate, just walk, hike, skip, jog, run or stroll on 8 of the following trails before December 31st to earn a hiking staff (1st year) and/or a 2018 Wild Hikes medallion. **Start your challenge today!**

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Visit our website | portageparkdistrict.org

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