

# PORTAGE COUNTY



## Community Health Improvement Plan 2020-2022

# Priority #1: Mental Health, Substance Use and Addiction

**Strategy 1:** Assess, develop, and provide mental health resources to youth and adults in Portage County.

**Goal:** Improve mental health outcomes.

**Objective:** By December 31, 2022, decrease the percent of adults and youth feeling sad and hopeless by 2%.


| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Timeline          | Lead Contact/Agency                                      | Progress |
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| <p><b>Year 1:</b> Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Provide baseline for number of youths being assessed in the schools for mental health concerns.</p> <p>Develop awareness campaigns on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ resources for youth, colleges, and adults.</p>                                                                                                                                                                                                                                                                                      | December 31, 2020 |                                                          |          |
| <p><b>Year 2:</b> Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Increase number of youths being assessed in the schools for mental health issues.</p> <p>Develop awareness campaign on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ+ resources for youth, colleges, and adults.</p> <p>Identify current programs for addressing mental health in Portage County and increase distribution of information on those programs through a resource guide.</p> <p>Inclusion of behavioral health counselors in SOAR clinic. Behavioral health screenings conducted at every appointment.</p> | December 31, 2021 | Karyn Kravetz,<br>Mental Health<br>and Recovery<br>Board |          |

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| <p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> | <p>December 31, 2022</p> |  | <p>Children’s Advantage provided school-based consultation to 541 students with 231 referred for additional services during the 2021-2022 school year. 348 students received therapy, and 33 CARES reports were made.</p> <p>Coleman provided 914 diagnostic assessments and counseling sessions to 102 clients in Kent, Field, and Rootstown schools during the 2021-2022 school year.</p> <p>Mobile Response &amp; Stabilization Services began service clients by Coleman in May 2022. The MRSS program is a crisis stabilization program designed to support youth under 21 and their families to manage a crisis that they define, and engage into outpatient services to continue recovery for the youth in need. This program is accessed through Coleman Access 24/7 hotline number, 330-296-3555.</p> <p>We continue to recruit health officers and build our capacity for youth and adult mobile response for safety evaluations. Currently, we are able to provide limited mobile response for adults based on staffing and availability, and triage internally for opportunities to provide community-based assessments. Currently served 10-12 youth since the end of May when the program started.</p> <p>NEOMED Health Care is a primary care office now open to community. Mental health screenings are part of the patient assessments.</p> <p>Portage County NAMI held Safe Space LGBTQ+ training open to the public. Supposed to be 1 day but due to increased participation and questions it was expanded into 2 parts.</p> |
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| <p><b>Strategy 2:</b> Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.</p>             |                 |                            |                 |
| <p><b>Goal:</b> Improve behavioral health outcomes.</p>                                                             |                 |                            |                 |
| <p><b>Objective:</b> Implement ACEs screenings in five different Portage County locations by December 31, 2022.</p> |                 |                            |                 |
| <p>Action Step</p>                                                                                                  | <p>Timeline</p> | <p>Lead Contact/Agency</p> | <p>Progress</p> |

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| <p><b>Year 1:</b> Portage County Trauma Informed Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.</p> <p>Adopt a community-wide <b>screening tool</b> for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.</p> <p>Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.</p> <p>Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.</p> <p>Pilot the tool in at least one new entity.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p> | <p>December 31, 2020</p> | <p>Nicole Thomas,<br/>Children's Advantage</p> |  |
| <p><b>Year 2:</b> Provide trauma-informed care services through Portage County.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <p>December 31, 2021</p> |                                                |  |

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| Collect baseline data on the number of adults and counselors that have been trained in TIC. |                   |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p><b>Year 3:</b> Continue efforts from years 1 &amp; 2.</p>                                | December 31, 2022 |  | <p>ACEs: CA trained the Juvenile Court staff on trauma and trauma informed justice system on June 13 and 16. During this time we discussed and educated on ACEs and discussed how ACEs can be utilized in making appropriate plans for adjudicated youth who also have trauma. Darla Scott, the new psychological services head at Juvenile court is utilizing ACEs in their assessments with youth. This is a new environment in the community where this data is now being utilized.</p> <p>The Family Center has grown in its implementation of parent trauma services and we continue to screen all parents for ACEs and utilized data for treatment recommendations.</p> <p>Portage Resiliency Movement began meeting again and talking about creating that trauma referral process in the community. All professions were given the assignment to bring to the table who they refer to for trauma services, gaps in trauma services in the community, and the list and referral would be created. We were not able to meet in May due to the passing of my Mom and are looking to reconvene and get this task completed in the near future.</p> <p>Mental Health &amp; Recovery Board received a grant to fund a coordinator for the Handle with Care program for Portage County.</p> |

**Strategy 3:** Screening for suicide for patients 12 or older using a standardized tool 

**Goal:** Decrease suicide deaths.

**Objective:** Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p><b>Year 1:</b> Introduce <b>C-SSRS</b> to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p> | <p>December 31, 2020</p> |                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p><b>Year 2:</b> Introduce C-SSRS to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p>        | <p>December 31, 2021</p> | <p>Bill Russell,<br/>Coleman</p> <p>Karyn Kravetz,<br/>Mental Health<br/>and Recovery<br/>Board</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.</p>                                                                                                                                                                                                                                                                                                                                                                                          | <p>December 31, 2022</p> |                                                                                                     | <p>18 school staff members were trained in QPR or AID at Field and Windham districts. 15 staff members were trained in Youth Mental Health First Aid. 113 Community members were trained in AID at the Leadership Conference.</p> <p>14 first responders trained in CSSRS during the spring Crisis Intervention Team training.</p> <p>Distributed Suicide Awareness Gun Safety materials to the Windham Renaissance Center food pantry.</p> |

**Strategy 4:** Youth alcohol/other drug prevention and mental health programs 

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%.

| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Timeline          | Lead Contact/Agency                                | Progress                                                           |
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| <p><b>Year 1:</b> Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p> | December 31, 2020 | Sarah McCully,<br>Townhall II                      |                                                                    |
| <p><b>Year 2:</b> Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p> | December 31, 2021 | Karyn Kravetz,<br>Mental Health and Recovery Board |                                                                    |
| <p><b>Year 3:</b> Continue efforts from year 2.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | December 31, 2022 |                                                    | Townhall served 6,902 students, parents, and caregivers during the |

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|  |  |  | <p>2021-2022 school year.</p> <p>1,501 in Child Violence Prevention (preK-6<sup>th</sup> grade)</p> <p>1,730 in Sexual Assault Prevention (7<sup>th</sup>-12<sup>th</sup> grade)</p> <p>3,365 in Substance Abuse Prevention (K-12<sup>th</sup> grade)</p> <p>264 Suicide Prevention (9<sup>th</sup>-12<sup>th</sup>)</p> <p>42 in Active Parenting</p> <p>Now working with King Kennedy and Skeels twice a week.</p> <p>Children's Advantage served 127 students in early diversion program this year in 7 school districts.</p> <p>Students were referred to the program for vaping (75%) and marijuana (25%).</p> <p>Met with five Portage County churches to share drug prevention materials and lesson plans to utilize with youth groups as well as other mental health resources.</p> |
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| Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse                                                                                                                                                                                                                                                                                                                                                                                                     |                   |                     |          |
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| Goal: Decrease substance use.                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                   |                     |          |
| Objective: Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.                                                                                                                                                                                                                                                                                                                              |                   |                     |          |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Timeline          | Lead Contact/Agency | Progress |
| <p><b>Year 1:</b> Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p> | December 31, 2020 |                     |          |
| <p><b>Year 2:</b> Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p>                                                                                                                                                                                                                              | December 31, 2021 |                     |          |




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| <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p> |                          |  |                                                                                                                                                                                                                                                  |
| <p><b>Year 3:</b> Continue efforts from year 2.</p>                                                                                                                                                                          | <p>December 31, 2022</p> |  | <p>Alcohol awareness messages during April in social media and news publications.</p> <p>Recovery Outreach team visits individuals struggling with alcohol problems after incidents with law enforcement and provides resources and support.</p> |


| Strategy 6: Increase awareness and accessibility of treatment options for those with substance use disorder.                                                                                                                                                                                                                                                                                                                                                                                                                          |                          |                                                                                                                                             |          |
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| Goal: Decrease substance use.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                          |                                                                                                                                             |          |
| Objective: By December 31, 2022, establish MAT resources and referrals systems in Portage County.                                                                                                                                                                                                                                                                                                                                                                                                                                     |                          |                                                                                                                                             |          |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Timeline                 | Lead Contact/Agency                                                                                                                         | Progress |
| <p><b>Year 1:</b> Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Explore feasibility for continuing care programs in the schools and community.</p> | <p>December 31, 2020</p> | <p>Rob Young,<br/>Townhall II</p> <p>Karyn Kravetz,<br/>Mental Health and Recovery Board</p> <p>Marihelyn<br/>Horrigan,<br/>AxessPointe</p> |          |
| <p><b>Year 2:</b> Monitor the Portage County Jail Medication Assisted Treatment (MAT) practices.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p>                                                                                                                                                                                                                                                                                                                     | <p>December 31, 2021</p> |                                                                                                                                             |          |

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| <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Educate community on the effectiveness of medication-assisted treatment.</p> |                          |  |                                                                                                                                                                                                                              |
| <p><b>Year 3:</b> Continue efforts from year 2.</p>                                                                                                                                                                             | <p>December 31, 2022</p> |  | <p>NEOMED Health Care is a new provider offering medication-assisted treatment.<br/>Hope Town opened a 15 bed women's recovery house in Windham.</p> <p>PCHD has partnered with NEOMED Health Care to distribute Narcan.</p> |


| Strategy 7: Safe Communities campaign                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                          |                                                         |          |
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| Goal: Reduce drinking and driving.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                          |                                                         |          |
| Objective: By December 31, 2022, host nine events per year focused on sober driving in Portage County.                                                                                                                                                                                                                                                                                                                                                                                                                                         |                          |                                                         |          |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Timeline                 | Lead Contact/Agency                                     | Progress |
| <p><b>Year 1:</b> Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p> | <p>December 31, 2020</p> | <p>Lynette Blasiman,<br/>Safe Communities Coalition</p> |          |
| <p><b>Year 2:</b> Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and</p>                                                                                | <p>December 31, 2021</p> |                                                         |          |

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| motorcycle safety (a minimum of 4 events will be focused on impaired driving). |                   |  |                                                                                                                                                                             |
| <b>Year 3:</b> Continue efforts from year 2.                                   | December 31, 2022 |  | 8 Fatal Crashes with 10 deaths in Portage County. Ali Mitchell posts a collaborative social media message monthly. Safe Communities will be participating at Octane Nights. |

| Strategy 8: Tobacco-free policies                                                                                                                                                                                                    |                   |                                             |                                                                                                                                                                                       |
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| Goal: Decrease tobacco use.                                                                                                                                                                                                                                                                                           |                   |                                             |                                                                                                                                                                                       |
| Objective: By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.                                                                                                                                                                   |                   |                                             |                                                                                                                                                                                       |
| Action Step                                                                                                                                                                                                                                                                                                           | Timeline          | Lead Contact/Agency                         | Progress                                                                                                                                                                              |
| <p><b>Year 1:</b> Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have <b>tobacco-free policies</b>.</p> <p>Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.</p> | December 31, 2020 | Mike Anguilano, Kent City Health Department |                                                                                                                                                                                       |
| <p><b>Year 2:</b> Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations.</p> <p>Implement a 100% tobacco-free policy in at least 1 Portage County School District.</p>                                                                                                 | December 31, 2021 |                                             |                                                                                                                                                                                       |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.</p>                                                                                                                                     | December 31, 2022 |                                             | Kent City is beginning a new Tobacco grant cycle and is in the beginning phases of rolling out this grant cycle. Quit line numbers are up, and have reached approx.. 65% of the goal. |

| Strategy 9: Links to cessation support                                                                                                              |                   |                                             |          |
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| Goal: Decrease tobacco use.                                                                                                                                                                                                            |                   |                                             |          |
| Objective: By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.                                                                                                                                        |                   |                                             |          |
| Action Step                                                                                                                                                                                                                            | Timeline          | Lead Contact/Agency                         | Progress |
| <p><b>Year 1:</b> Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as</p> | December 31, 2020 | Mike Anguilano, Kent City Health Department |          |

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| <p>other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p>                                                                                                                                                                                                                                                                                                                                             |                          | <p>Ali Mitchell,<br/>Portage County Health District</p> <p>UH Portage Medical Center</p> |                                                                                              |
| <p><b>Year 2:</b> Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p> <p>Increase communication of referral services of tobacco cessation services at the UH Hospital system.</p> | <p>December 31, 2021</p> |                                                                                          |                                                                                              |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>December 31, 2022</p> |                                                                                          | <p>UH Primary Care has given 56 referrals from Portage County to HHVI smoking cessation.</p> |

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| <p><b>Strategy 10:</b> Data sharing </p>                                                            |                          |                                        |                 |
| <p><b>Goal:</b> Increase data sharing among Portage County organizations.</p>                                                                                                          |                          |                                        |                 |
| <p><b>Objective:</b> By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies.</p> |                          |                                        |                 |
| <p>Action Step</p>                                                                                                                                                                     | <p>Timeline</p>          | <p>Lead Contact/Agency</p>             | <p>Progress</p> |
| <p><b>Year 1:</b> Work with local agencies to create a multidisciplinary committee and assess</p>                                                                                      | <p>December 31, 2020</p> | <p>John Garrity,<br/>Mental Health</p> |                 |

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| <p>the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> <p>Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.</p> |                          | <p>and Recovery Board</p> <p>Bill Russell,<br/>Coleman</p> <p>Penny Paxton,<br/>Portage County Health District</p> |                                                        |
| <p><b>Year 2: 1:</b> Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p>                                                                                                                                                                                                                                                                                                                                                                                                                          | <p>December 31, 2021</p> |                                                                                                                    |                                                        |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <p>December 31, 2022</p> |                                                                                                                    | <p>No update from Mental Health and Recovery Board</p> |

## Priority #2: Chronic Disease

### Strategy 1: Food insecurity screening and referral

**Goal:** Reduce food insecurity.

**Objective:** Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Timeline          | Lead Contact/Agency                                                               | Progress                                                                                                                                                                                                                                                                                                                                          |
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| <p><b>Year 1:</b> Research the <b>2-item Food Insecurity (FI) Screening Tool</b>, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems-based level.</p> <p>Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.</p> <p>Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.</p> <p>SOAR will screen patients to identify needs; follow-up resources are provided and tracked.</p> | December 31, 2020 | <p>UH Portage Medical Center</p> <p>Janet Raber and Lacy Madison, NEOMED SOAR</p> |                                                                                                                                                                                                                                                                                                                                                   |
| <b>Year 2:</b> Continue efforts from year 1.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | December 31, 2021 |                                                                                   |                                                                                                                                                                                                                                                                                                                                                   |
| <b>Year 3:</b> Continue efforts from years 1 and 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | December 31, 2022 |                                                                                   | <p>Food handout with Akron Canton food bank on 1<sup>st</sup> Monday of the month from. Social determinants of health survey are given, and if food insecurity is identified, SOAR gives referrals.</p> <p>UH Portage 310 patients for Food for Life Market. Market is only open a couple days a week, hoping to expand to serve more people.</p> |

| Strategy 2: Nutrition prescriptions                                                                                                                                                                                                                                                                                                         |                   |                                                                        |                                                                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Goal: Increase fruit and vegetable consumption.                                                                                                                                                                                                                                                                                             |                   |                                                                        |                                                                                                                    |
| Objective: Implement nutrition prescription program in Portage County by December 31, 2022.                                                                                                                                                                                                                                                 |                   |                                                                        |                                                                                                                    |
| Action Step                                                                                                                                                                                                                                                                                                                                 | Timeline          | Lead Contact/Agency                                                    | Progress                                                                                                           |
| <p><b>Year 1:</b> Research <b>nutrition prescription programs</b> and determine the feasibility of implementing them in local health care organizations.</p> <p>Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.</p>                                                                       | December 31, 2020 | <p>Marihelyn Horrigan, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p> |                                                                                                                    |
| <p><b>Year 2:</b> Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.</p> <p>Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.</p> <p>Continue efforts from year 1.</p> | December 31, 2021 |                                                                        |                                                                                                                    |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement nutrition prescription program in Portage County.</p>                                                                                                                                                                                                               | December 31, 2022 |                                                                        | SOAR is giving community resources for nutrition. Will see where we want to go with the new registered dietitians. |

| Strategy 3: Healthy eating practices through fostering self-efficacy                                                                                                                                                                                                                                                                                                                           |                   |                                                                      |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------------------------|----------|
| Goal: Increase fruit and vegetable consumption.                                                                                                                                                                                                                                                                                                                                                |                   |                                                                      |          |
| Objective: By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.                                                                                                                                                                                                                                                                       |                   |                                                                      |          |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                    | Timeline          | Lead Contact/Agency                                                  | Progress |
| <p><b>Year 1:</b> Continue to implement the Share Our Strength's <b>Cooking Matters</b> program through the Kent State University Nutrition Outreach Program.</p> <p>Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.</p> | December 31, 2020 | Natalie Caine-Bish, Kent State University Nutrition Outreach Program |          |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                   |  |                         |
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| <p>Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.</p> <p>Measure knowledge gained through evaluations.</p> <p>Search for grants and funding opportunities to support efforts.</p> |                   |  |                         |
| <p><b>Year 2:</b> Pilot the Independent Living Cooking Program to kids in foster care.</p> <p>Implement the Kids Camp program in schools.</p> <p>Continue providing the Mighty Pack program in schools to address food insecurity in children.</p> <p>Continued work on finding grants and funding opportunities to support efforts.</p>                                                                                                                                                             | December 31, 2021 |  |                         |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Measure knowledge gained through evaluations</p>                                                                                                                                                                                                                                                                                                                                                                                       | December 31, 2022 |  | No update at this time. |

| Strategy 4: Prediabetes screening and referral                                                                                                                                                                                                                                                                      |                   |                                                                        |                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Goal: Prevent diabetes in adults.                                                                                                                                                                                                                                                                                   |                   |                                                                        |                                                                                                                                                              |
| Objective: By December 31, 2022, increase the number of prediabetes screenings by 15%.                                                                                                                                                                                                                              |                   |                                                                        |                                                                                                                                                              |
| Action Step                                                                                                                                                                                                                                                                                                         | Timeline          | Lead Contact/Agency                                                    | Progress                                                                                                                                                     |
| <p><b>Year 1:</b> Establish baseline for prediabetes screenings conducted in Portage County.</p> <p>Raise awareness of prediabetes screening, identification and referral through dissemination of the <b>Prediabetes Risk Assessment</b>.</p> <p>Promote free/reduced cost screening events within the county.</p> | December 31, 2020 | <p>Marihelyn Horrigan, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p> |                                                                                                                                                              |
| <p><b>Year 2:</b> Continue efforts from year 1.</p>                                                                                                                                                                                                                                                                 | December 31, 2021 | UH Portage Medical Center                                              |                                                                                                                                                              |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>                                                                                                                                                                                                                                                            | December 31, 2022 | UH Portage Medical Center                                              | <p>SOAR Prediabetes screening tool is used for new patients or those with family history.</p> <p>UH Portage screened 87 patients 7 referrals made to PCP</p> |



**Strategy 5: Hypertension screening and follow up**

**Goal:** Promote hypertension management in adults.

**Objective:** By December 31, 2022, increase hypertension medication adherence by to 85%.

| Action Step                                                                                                                                                                                                                                                                                                                                                                        | Timeline          | Lead Contact/Agency                                              | Progress                                                                                                                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Year 1:</b> Gather data on hypertension management interventions currently used in Portage County.</p> <p>Research barriers to medication adherence and best practices for hypertension management.</p> <p>Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.</p> | December 31, 2020 | <p>UH Portage Medical Center</p> <p>Janet Raber, NEOMED SOAR</p> |                                                                                                                                                                                                                                                                                                                                     |
| <p><b>Year 2:</b> Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.</p>                                                                                                                                                                                                                                                        | December 31, 2021 |                                                                  |                                                                                                                                                                                                                                                                                                                                     |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>                                                                                                                                                                                                                                                                                                                           | December 31, 2022 |                                                                  | <p>SOAR attended a health fair and screened 6 patients and 1 referral. Health fair at NEOMED and PCHD... will be offering screenings. Will be attending the Portage County Fair and will be offering education materials, possibly screenings as well.</p> <p>UH 89 community screenings with education and resources referred.</p> |

**Strategy 6: Increase awareness of nutrition/physical activity resources**

**Goal:** Decrease obesity.

**Objective:** By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                          | Timeline          | Lead Contact/Agency    | Progress |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------|----------|
| <p><b>Year 1:</b> Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</p> <ul style="list-style-type: none"> <li>Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy</li> </ul> | December 31, 2020 | <p>Amy Lee, NEOMED</p> |          |

|                                                                                                                                                                                                                                                       |                   |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <p>eating, activity living (HEAL) resource guide.</p> <ul style="list-style-type: none"> <li>Develop a marketing plan for the HEAL guide.</li> </ul> <p>Develop and implement a sustainability plan to keep resources updated.</p>                    |                   |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p><b>Year 2:</b> Continue efforts of year 1, including marketing and sustaining the guide. Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.</p> | December 31, 2021 |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.</p>                                                                 | December 31, 2022 |  | <p>NEOMED had a student work on a Nutrition Guide, Portage County should have the guide online. SOAR student created a pamphlet for low-cost exercising and exercises at home.</p> <p>Penny, Sequoia, and other partners are working on updating the HEAL Guide to make it an interactive map. Phase 1 is complete 143 food locations identified. Interactive map is being worked on next. Interactive map will be on PCHD website – link can be provided to UH and NEOMED.</p> |

### Strategy 7: Prescriptions for health

**Goal:** Increase participation and active engagement with parks and programs.

**Objective:** By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.

| Action Step                                                                                                                                                                                                                                                                                                 | Timeline          | Lead Contact/Agency                   | Progress   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------------|------------|
| <p><b>Year 1:</b> Continue to implement the Parks Rx program in Portage County.</p> <p>Increase participation among mental health and addiction communities. Increase participation by 3% from baseline.</p>                                                                                                | December 31, 2020 |                                       |            |
| <p><b>Year 2:</b> Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline.</p> | December 31, 2021 | Andrea Metzler, Portage Park District |            |
| <p><b>Year 3:</b> Continue efforts, offer new options for programming and strengthen</p>                                                                                                                                                                                                                    | December 31, 2022 |                                       | No update. |

|                                                                                                                                                                                                    |  |  |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline. |  |  |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|

**Strategy 8: Community gardens**

**Goal:** Increase fruit and vegetable accessibility.

**Objective:** By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

| Action Step                                                                                                                                                                                                                                                                                                                                                                                                     | Timeline          | Lead Contact/Agency       | Progress                                                                                                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Year 1:</b> Obtain baseline data regarding how many school districts, churches, and other community organizations currently have <b>community gardens</b> and where they are located, such as the Windham garden.</p> <p>Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).</p> | December 31, 2020 | UH Portage Medical Center |                                                                                                                                                                                                                 |
| <p><b>Year 2:</b> Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.</p> <p>Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.</p> <p>Implement 1 new community garden.</p>   | December 31, 2021 |                           |                                                                                                                                                                                                                 |
| <p><b>Year 3:</b> Continue efforts from year 2. Implement 1 new community gardens.</p> <p>Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.</p>                                                                                                                                                                                            | December 31, 2022 |                           | UH collaborated with Elementary school in Windham and planted a salsa garden at Ametek Forest with kindergarten classes. Sent information home with students for families. Rose awareness of the Ametek forest. |

| Strategy 9: Shared use (joint use agreements)                                                                                                                                                                                                                                                                           |                   |                     |                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Goal: Increase physical activity.                                                                                                                                                                                                                                                                                       |                   |                     |                                                                                                                                                                    |
| Objective: Implement at least three shared-use agreements by December 31, 2022.                                                                                                                                                                                                                                         |                   |                     |                                                                                                                                                                    |
| Action Step                                                                                                                                                                                                                                                                                                             | Timeline          | Lead Contact/Agency | Progress                                                                                                                                                           |
| <p><b>Year 1:</b> Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).</p> <p>Create an inventory of known organizations that possess physical activity equipment, space, and other resources.</p> | December 31, 2020 | Amy Lee, NEOMED     |                                                                                                                                                                    |
| <p><b>Year 2:</b> Collaborate with local organizations to create a proposal for a shared-use agreement.</p> <p>Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.</p>                         | December 31, 2021 |                     |                                                                                                                                                                    |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement at least 2 additional shared-use agreements for community use in Portage County.</p>                                                                                                                                                            | December 31, 2022 |                     | Amy: had students prepare a list of locations that had space/opportunities for physical activity. That list has been given to Sequoia. MOU has not been developed. |

| Strategy 10: Community fitness programs                                                                                                                                                                                                                                                                                                                                                                                                                              |                   |                                     |          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------------------|----------|
| Goal: Increase physical activity.                                                                                                                                                                                                                                                                                                                                                                                                                                    |                   |                                     |          |
| Objective: By December 31, 2022, increase participation in organized physical activities by 15% from baseline.                                                                                                                                                                                                                                                                                                                                                       |                   |                                     |          |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Timeline          | Lead Contact/Agency                 | Progress |
| <p><b>Year 1:</b> Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.</p> <p>Identify the need for additional organized physical activities in specific locations. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from baseline.</p> | December 31, 2020 | Jackie Smallridge, Sequoia Wellness |          |

|                                                                                                                                                                                                                                                |                          |  |                   |
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| <p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Implement additional organized physical activities. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from year 1 baseline.</p> | <p>December 31, 2021</p> |  |                   |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Increase participation in community fitness programs by 3% from year 2 baseline.</p>                                                                                             | <p>December 31, 2022</p> |  | <p>No update.</p> |

## Priority #3: Maternal, Infant, and Child Health

### Strategy 1: Reproductive health interventions

**Goal:** Increase sustainability of women's reproductive health and wellness services.

**Objective:** By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

| Action Step                                                                                                                                                                                                                                                                                                                                   | Timeline          | Lead Contact/Agency                                                                     | Progress |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------------------------------------------------------------------|----------|
| <b>Year 1:</b> Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals). | December 31, 2020 | Marihelyn Horrigan, AxessPointe<br><br>Rosemary Ferraro, Portage County Health District |          |
| <b>Year 2:</b> Continue efforts from year 1.                                                                                                                                                                                                                                                                                                  | December 31, 2021 | Portage County Health District (PCHD removed for Year 2)                                |          |
| <b>Year 3:</b> Continue efforts from years 1 and 2.                                                                                                                                                                                                                                                                                           | December 31, 2022 |                                                                                         |          |

### Strategy 2: Home visiting programs that begin prenatally

**Goal:** Improve pregnancy and birth outcomes.

**Objective:** By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.

| Action Step                                                                                                                                                                                                                                                                                                                                                                                     | Timeline          | Lead Contact/Agency                              | Progress                                                                |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------------------------------------------|-------------------------------------------------------------------------|
| <b>Year 1:</b> Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays.                                                                                                   | December 31, 2020 |                                                  |                                                                         |
| <b>Year 2:</b> Implement ACEs and motivational interviewing practices within the health department staff that will participate in the "Mom and Baby Bundle" program.<br><br>Create and implement policies and procedures for home visiting program that include evidence-based practices.<br><br>Create educational materials on home visiting program to be distributed to community partners. | December 31, 2021 | Rosemary Ferraro, Portage County Health District |                                                                         |
| <b>Year 3:</b> Continue efforts from years 1 and 2.                                                                                                                                                                                                                                                                                                                                             | December 31, 2022 |                                                  | PCHD wrote a grant for community health workers. \$100,000 for training |

|  |  |  |                                                                                                                                     |
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|  |  |  | and education of community health workers in conjunction of Kent State University. Would tie this into Mom and Baby Bundle program. |
|--|--|--|-------------------------------------------------------------------------------------------------------------------------------------|

| Strategy 3: Increase enrollment in WIC program                                                                                                                                               |                   |                     |                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------|-----------------------------------------------------------------------------------------------------------------|
| Goal: Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children.                                                                       |                   |                     |                                                                                                                 |
| Objective: By December 31, 2022, increase WIC enrollment by 20%.                                                                                                                             |                   |                     |                                                                                                                 |
| Action Step                                                                                                                                                                                  | Timeline          | Lead Contact/Agency | Progress                                                                                                        |
| <b>Year 1:</b> Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment.<br><br>Determine strategies to increase awareness and accessibility of WIC. | December 31, 2020 | Amy Cooper, WIC     |                                                                                                                 |
| <b>Year 2:</b> Continue efforts from year 1.<br><br>Implement strategies to increase awareness and accessibility of WIC.                                                                     | December 31, 2021 |                     |                                                                                                                 |
| <b>Year 3:</b> Continue efforts from years 1 and 2.                                                                                                                                          | December 31, 2022 |                     | WIC increased in 160 appointments from may to June and increased by 130 enrollments. Hoping that will continue. |

| Strategy 4: Provide referrals/resources to all patients on health insurance access to ensure reproductive health care.                                                                                                                                                                |                   |                                 |            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------|------------|
| Goal: Improve birth outcomes.                                                                                                                                                                                                                                                         |                   |                                 |            |
| Objective: By December 31, 2022, increase number of client referrals by 25%.                                                                                                                                                                                                          |                   |                                 |            |
| Action Step                                                                                                                                                                                                                                                                           | Timeline          | Lead Contact/Agency             | Progress   |
| <b>Year 1:</b> Work with community health workers (CHWs), home visitors, or patient navigators to connect women of childbearing age to health insurance, resources, and a medical home.<br><br>Identify and mitigate barriers to care.<br><br>Establish baseline for client referrals | December 31, 2020 | Marihelyn Horrigan, AxessPointe |            |
| <b>Year 2:</b> Increase efforts from year 1.<br><br>Increase client referrals by 25%.                                                                                                                                                                                                 | December 31, 2021 |                                 |            |
| <b>Year 3:</b> Increase efforts from years 1 and 2.                                                                                                                                                                                                                                   | December 31, 2022 |                                 | No update. |

**Strategy 5: Create and implement a Safe Kids Coalition plan****Goal:** Reduce child injury.**Objective:** By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.

| Action Step                                                                                                                                                                                                                                                       | Timeline          | Lead Contact/Agency                                | Progress   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------|------------|
| <b>Year 1:</b> Continue to implement the Safe Kids coalition.<br><br>Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc. | December 31, 2020 | Ali Mitchell,<br>Portage County<br>Health District |            |
| <b>Year 2:</b> Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan                                                                                                                                                               | December 31, 2021 |                                                    |            |
| <b>Year 3:</b> Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.                                                                                                                                                       | December 31, 2022 |                                                    | No update. |



# Cross-Cutting Strategies (Strategies that Address Multiple Priorities)

## Cross-Cutting Factor: Social Determinants of Health

| Cross-Cutting Factor: Social Determinants of Health                                                                                                                                                                                                                                                                                                                                                                            |                   |                                             |            |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------------------|------------|
| Strategy 1: Home improvement loans and grants                                                                                                                                                                                                                                                                                                                                                                                  |                   |                                             |            |
| Goal: Decrease severe housing problems.                                                                                                                                                                                                                                                                                                                                                                                        |                   |                                             |            |
| Objective: By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%.                                                                                                                                                                                                                                                                                                               |                   |                                             |            |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                    | Timeline          | Lead Contact/Agency                         | Progress   |
| <b>Year 1:</b> Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants.                                                                                                                                                                      | December 31, 2020 | Brad Cromes,<br>Portage County<br>Treasurer |            |
| <b>Year 2:</b> Create a marketing plan to promote the housing program to Portage County residents, targeting economically disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant.<br><br>Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants. | December 31, 2021 |                                             |            |
| <b>Year 3:</b> Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%.                                                                                                                                                                                                                                                                                            | December 31, 2022 |                                             | No update. |

| Cross-Cutting Factor: Social Determinants of Health                                                                                                                                                                                                            |                   |                                                                                      |          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------------------------------------------------------------------------------|----------|
| Strategy 2: Service-enriched housing                                                                                                                                                                                                                           |                   |                                                                                      |          |
| Goal: Increase economic self-sufficiency.                                                                                                                                                                                                                      |                   |                                                                                      |          |
| Objective: By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.                                                                                                                                          |                   |                                                                                      |          |
| Action Step                                                                                                                                                                                                                                                    | Timeline          | Lead Contact/Agency                                                                  | Progress |
| <b>Year 1:</b> Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs. | December 31, 2020 | Carolyn Budd<br>and Sabrina<br>Moss, Portage<br>Metropolitan<br>Housing<br>Authority |          |

|                                                                                                                                                                                                           |                   |  |            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--|------------|
| Assist public housing residents to address barriers with access to internet, transportation, and child care services.<br><br>Serve 50 public housing residents with connection to self-sufficiency goals. |                   |  |            |
| <b>Year 2:</b> Continue efforts from year 1.<br><br>Serve and additional 25 public housing residents with connection to self-sufficiency goals.                                                           | December 31, 2021 |  |            |
| <b>Year 3:</b> Continue efforts from years 1 and 2.<br><br>Serve and additional 25 public housing residents with connection to self-sufficiency goals.                                                    | December 31, 2022 |  | No update. |


**Cross-Cutting Factor:** Social Determinants of Health 


**Strategy 3:** Outreach to increase financial stability through free tax preparation services.

**Goal:** Decrease poverty.

**Objective:** By December 31, 2022, increase use of free tax preparation services available to Portage County residents.

| Action Step                                                                                                                                                                                                                                                                                                                                                       | Timeline          | Lead Contact/Agency                            | Progress |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------------------|----------|
| <b>Year 1:</b> Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and <a href="https://www.cdc.gov/policy/hst/hi5/taxcredits/index.html">https://www.cdc.gov/policy/hst/hi5/taxcredits/index.html</a> how it can reduce the tax burden for low-to-moderate income working people, and who is eligible. | December 31, 2020 | Maureen Gebhardt and Bill Childers, United Way |          |
| <b>Year 2:</b> Continue efforts from year 1. Implement awareness strategies identified in Year 1.                                                                                                                                                                                                                                                                 | December 31, 2021 |                                                |          |
| <b>Year 3:</b> Continue efforts from year 1 and year 2.                                                                                                                                                                                                                                                                                                           | December 31, 2022 |                                                |          |

| Cross-Cutting Factor: Social Determinants of Health                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                   |                                                                                                         |            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------------------------------------------------------------------------------|------------|
| Strategy 4: Financial literacy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                   |                                                                                                         |            |
| Goal: Decrease poverty.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                   |                                                                                                         |            |
| Objective: By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                   |                                                                                                         |            |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Timeline          | Lead Contact/Agency                                                                                     | Progress   |
| <p><b>Year 1:</b> Continue to implement financial literacy classes in Portage County.</p> <p>Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.</p> <p>Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.</p> <p>Provide 1 session of the Getting Ahead program to adult clients through the Children's Advantage Family Center.</p> <p>Provide 1 session1 of the R-Rules program through the Children's Advantage Family Center and in Portage County schools.</p> | December 31, 2020 | <p>Brad Cromes,<br/>Portage County<br/>Treasurer</p> <p>Nicole Thomas,<br/>Children's<br/>Advantage</p> |            |
| <p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Update: Portage County Treasurer is no longer providing the Bridges Out of Poverty Program. It is being offered by Children's Advantage and Job and Family Services.</p>                                                                                                                                                                                                                                                                                                                                                                                               | December 31, 2021 |                                                                                                         |            |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | December 31, 2022 |                                                                                                         | No update. |

| Cross-Cutting Factor: Social Determinants of Health                        |                   |                                            |          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------------------------------------|----------|
| Strategy 5: Increase transportation through a county transportation plan.                                                                                     |                   |                                            |          |
| Goal: Increase access to transportation.                                                                                                                      |                   |                                            |          |
| Objective: By December 31, 2022, create a strategic plan to address transportation needs.                                                                     |                   |                                            |          |
| Action Step                                                                                                                                                   | Timeline          | Lead Contact/Agency                        | Progress |
| <p><b>Year 1:</b> Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers.</p> | December 31, 2020 | <p>Mandy Berardinelli, Ohio Means Jobs</p> |          |

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|                                                                                                                                                                                                                                  |                   |  |              |
| <b>Year 2:</b> Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities. | December 31, 2021 |  | No progress. |
| <b>Year 3:</b> Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment.                                                                                         | December 31, 2022 |  | No update.   |

## Cross-Cutting Factor: Healthcare System and Access

| Cross-Cutting Factor: Healthcare System and Access                                                                                   |                   |                                               |            |
|--------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------------------------|------------|
| Strategy 1: School-based health centers (SBHC)                                                                                       |                   |                                               |            |
| Goal: Increase access to health care.                                                                                                |                   |                                               |            |
| Objective: By December 31, 2022, pilot a SBHC in at least one Portage County school district.                                        |                   |                                               |            |
| Action Step                                                                                                                          | Timeline          | Lead Contact/Agency                           | Progress   |
| <b>Year 1:</b> Research <b>school-based health centers</b> (SBHC) and explore the feasibility of implementing one in Portage County. | December 31, 2020 | Randy Griffith,<br>Maplewood<br>Career Center |            |
| <b>Year 2:</b> Pilot a school-based health center within at least one school in Portage County.                                      | December 31, 2021 |                                               |            |
| <b>Year 3:</b> Continue efforts from years 1 and 2.                                                                                  | December 31, 2022 |                                               | No update. |


| Cross-Cutting Factor: Healthcare System and Access                                                                                                                                                           |                   |                                                                               |            |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------------------------------------------------------------|------------|
| Strategy 2: Health transportation outreach                                                                                                                                                                   |                   |                                                                               |            |
| Goal: Increase access to transportation.                                                                                                                                                                     |                   |                                                                               |            |
| Objective: By December 31, 2022, expand transportation training to organizations serving Portage County residents.                                                                                           |                   |                                                                               |            |
| Action Step                                                                                                                                                                                                  | Timeline          | Lead Contact/Agency                                                           | Progress   |
| <b>Year 1:</b> Continue collaborating for annual all-day health transportation training to local organizations.<br><br>Collaborate to create condensed version of annual training to increase staff trained. | December 31, 2020 | Clayton Popik,<br>PARTA<br><br>Christine Herra,<br>Job and Family<br>Services |            |
| <b>Year 2:</b> Pilot condensed training to 3 organizations.                                                                                                                                                  | December 31, 2021 | Karen Towne,<br>Portage County<br>Health District                             |            |
| <b>Year 3:</b> Expand efforts from year 2.                                                                                                                                                                   | December 31, 2022 |                                                                               | No update. |

| Cross-Cutting Factor: Healthcare System and Access                                                                                                                                                                                                                                                                            |                   |                                 |            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------|------------|
| Strategy 3: Health insurance enrollment and outreach                                                                                                                                                                                                                                                                          |                   |                                 |            |
| Goal: Increase health insurance enrollment.                                                                                                                                                                                                                                                                                   |                   |                                 |            |
| Objective: Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022.                                                                                                                                                                                                                  |                   |                                 |            |
| Action Step                                                                                                                                                                                                                                                                                                                   | Timeline          | Lead Contact/Agency             | Progress   |
| <p><b>Year 1:</b> Coordinate with community agencies to identify uninsured residents.</p> <p>Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.</p> <p>Enroll 5% of identified uninsured residents into a health insurance option.</p> | December 31, 2020 | Marihelyn Horrigan, AxessPointe |            |
| <p><b>Year 2:</b> Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.</p>                                                                                                                                                                                 | December 31, 2021 |                                 |            |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.</p>                                                                                                                                                                          | December 31, 2022 |                                 | No update. |

| Cross-Cutting Factor: Healthcare System and Access                                                                                                                                                                                                                                                                                                                                                           |                   |                                    |          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------|----------|
| Strategy 4: Expand SOAR Student-Run Free Clinic                                                                                                                                                                                                                                                                                                                                                              |                   |                                    |          |
| Goal: Increase access to health care.                                                                                                                                                                                                                                                                                                                                                                        |                   |                                    |          |
| Objective: December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month.                                                                                                                                                                                                                                                                                 |                   |                                    |          |
| Action Step                                                                                                                                                                                                                                                                                                                                                                                                  | Timeline          | Lead Contact/Agency                | Progress |
| <p><b>Year 1:</b> Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month.</p> <p>Promote health services of SOAR in underserved communities.</p>                                                                                                                                                                                                | December 31, 2020 | Janet Raber and Lacy Madison, SOAR |          |
| <p><b>Year 2:</b> Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics.</p> <p>Expand Social Determinants of Health screening and referral and tracking.</p> <p>Investigate the feasibility of Telemedicine.</p> <p>Investigate the feasibility of telehealth visits during the weekdays.</p> <p>Investigate the feasibility of EMR.</p> | December 31, 2021 |                                    |          |

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| Add Physician Assistant Students from University of Mount Union to participate in clinic visits.                                                                                                                                                                                          |                   |  |            |
| <p><b>Year 3:</b> Continue efforts of years 1 and 2.</p> <p>Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR</p> <p>Provide specialty clinic days, once a month</p> <p>Develop a referral base for diagnostics and specialties at free or reduced cost.</p> | December 31, 2022 |  | No update. |

### Cross-Cutting Factor: Health Equity

| Cross-Cutting Factor: Health Equity                                                                                                                                                                                                                                |                   |                                              |            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------|------------|
| Strategy 1: Implicit bias training                                                                                                                                                                                                                                                                                                                  |                   |                                              |            |
| Goal: Decrease discrimination.                                                                                                                                                                                                                                                                                                                      |                   |                                              |            |
| Objective: By December 31, 2022, implement at least one implicit bias training per quarter.                                                                                                                                                                                                                                                         |                   |                                              |            |
| Action Step                                                                                                                                                                                                                                                                                                                                         | Timeline          | Lead Contact/Agency                          | Progress   |
| <p><b>Year 1:</b> Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity.</p> <p>Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes.</p> | December 31, 2020 | Mike Thompson, Family and Community Services |            |
| <p><b>Year 2:</b> Continue efforts from year 1. Implement the training at least once per quarter.</p>                                                                                                                                                                                                                                               | December 31, 2021 |                                              |            |
| <p><b>Year 3:</b> Continue efforts from years 1 and 2. Implement the training at least once per quarter.</p>                                                                                                                                                                                                                                        | December 31, 2022 |                                              | No update. |





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