What Should I Do If I am Exposed?

Prevention Strategies:

- Stay 6 feet away from others
- Wear a mask/ face covering
- Wash/Sanitize hands often
- Clean high-touch surfaces often
- Stay home when sick
- Stay away from people who are sick
- Check for symptoms daily

Know the signs and symptoms of COVID-19:

Have ONE or BOTH of these symptoms:

- Cough
- Shortness of breath/ difficulty breathing

Have AT LEAST TWO of these symptoms:

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Nausea

Person is in Contact with Person who was in Direct Contact with Positive COVID-19 Case

Person with Direct Contact with Positive COVID-19 Case

Person who tested positive for COVID-19

Quarantined and monitored for 14 days.
Separate from the rest of the

household.

Continue to Practice Prevention Strategies

Persons who have tested positive for COVID-19 will isolate for a minimum of 10 days after onset of illness and 1 day (24 hours) after recovery.

Recovery is defined as resolution of fever without the use of fever-reducing medications with progressive improvement or resolution of other symptoms.

Information from Ohio Department of Health

