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PORTAGE PARK DISTRICT *Monthly Newsletter*





Your Portage Park District Staff

November 2, 2023

Hello Christine,

Happy November! Your Portage Park District staff is grateful to serve the community by providing clean, safe, and accessible outdoor spaces to explore. We love connecting people to our natural world through free education programs, group hikes and virtual experiences. Conserved park land provides ecological services that improve our communities and preserves or county's rural heritage. Thank you for visiting your parks, attending programs and investing in our future generations!

November is a beautiful time of year to get outside and observe the changing seasons. We hope to see you at one of the upcoming events listed in our **Program Guide**.

In the Parks

Students Battle Invasives

Portage Park District recently began teaming up with Theodore Roosevelt



High School's Forestry and Environmental Studies Career Technical Education Program. This year's senior students have chosen invasive species removal and native seed propagation as the highlights of their capstone project.

Read more...

National Take a Hike Day

What better way to celebrate <u>National</u> <u>Take a Hike Day on November 17</u> than to take a guided hike along the trails of the beautiful Shaw Woods Park?

If the guided hike does not fit your schedule, consider completing your <u>Wild</u> <u>Hikes Challenge</u> and explore other parks in our system!





Love for Your Portage Parks

Portage Park District helps to conserve Portage County's rural character and natural heritage while creating parks and trails for all, yielding valuable environmental, social, health and economic benefits for generations to come.

Read More...

Frequently Asked Questions about the upcoming Park Levy

Coexisting with Coyotes

Did you know that coyotes are present in all of Ohio's 88 counties, and have been since the 1980's? Coyotes are a highly adaptable and common species in Ohio and may be seen during the day. An adult coyote is typically about 20 pounds in weight but can occasionally reach 25-35 pounds. If a coyote is seen during the day, it does not necessarily mean that it is sick.



Read more...

Upcoming Programs

Try our **self-guided hikes** at Trail Lake Park and Seneca Ponds!



Bobcats & River Otters Thursday, November 2

Join us as we learn more about river otters and bobcats and the adaptations that make them great at living in our great state - even after being extirpated!

Register for tonight's program!

All programs and events can be found on our **Things to Do page**. Make sure you check out all the great ways to engage with nature!

Our education programs require registration - this helps us keep an optimal staff to participant ratio. Join us and learn about the natural world around us.

Upcoming Senior Hikes: November 2 November 16 November 30

Visit our YouTube channel.



Park Rx Hike -Women's Health November 13 @ 4 PM

Join Brea Loewit, a UH women's health specialist from as we walk around Trail Lake Park and learn about screenings and other women's health topics. Photo credit: George Rose

Register here



Tour of the Night Sky November 14 @ 6 PM

Ever want to look at the stars but it's just too cold in November? We have the solution for you! We'll take a guided virtual tour of the November sky, getting a view as good as you would with a nice telescope.

Register here



Park Rx Healthy Cooking November 16 @ 5 PM

Join Sequoia Wellness for a cooking demo as we learn how to compliment our time in the parks with healthy meal options. Samples and recipes will be provided space is limited!

Register here

Portage Park District Foundation



Wild Hikes Challenge: Time is Running Out!

There is still time to complete the challenge and earn your medallion for the **Year of the Wood frog**! Download your **Wild Hikes form**, and complete hikes before December 31st to earn a hiking staff and/or a 2023 Wild Hikes medallion. Dogs can earn rewards too!

Our office is open for rewards pick-ups. **Email Eric** to schedule a time to get your rewards.



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